

FEBRUARY 2026 NEWSLETTER

FEBRUARY

“In February, the seeds of perseverance grow beneath the frost.”

January Holiday and Observance Days

Feb 2 – Groundhog Day
Feb 8 – Super Bowl
Feb 14 – Valentine’s Day
Feb 18 – Ash Wednesday
Feb 21 – Presidents’ Day

Employee Spotlight



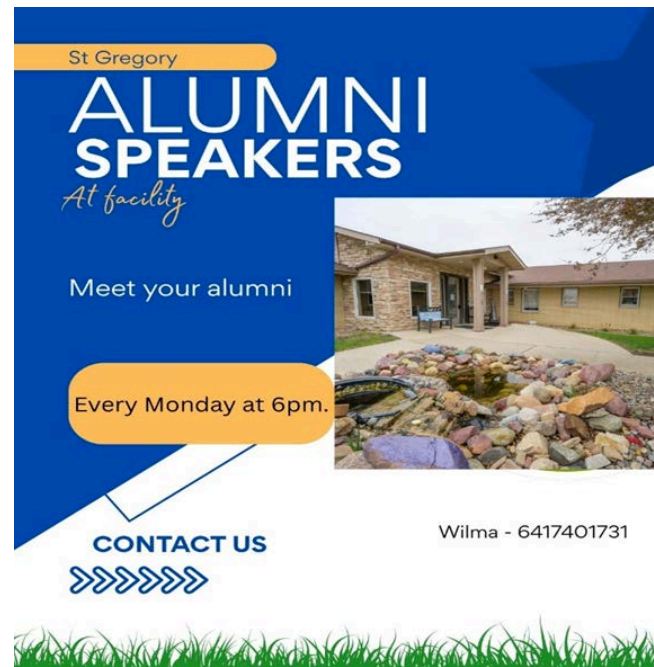
Brittany Rice, MS, IADC, serves as the Director of Clinical Services at St. Gregory’s Recovery Center, where she provides clinical leadership and oversight for addiction treatment services. She has over eight years of experience in addictions counseling, with specialized expertise in substance use disorders and problem gambling.

Brittany holds a master’s degree in psychology and is dedicated to guiding clinical teams in delivering ethical, evidence-based, and client-centered care that supports sustainable recovery.

Alumni Speakers

We are currently filling open slots for each Monday in March to bring alumni back to speak with the clients. Anyone who are interested, please contact Wilma at 641-740-1731 or by email at Wilma.leibbrandt@stgregoryctr.com.

These meetings are filling up very fast, please let us know if you have any questions.



St Gregory

ALUMNI SPEAKERS

At facility

Meet your alumni

Every Monday at 6pm.

CONTACT US
»»»»»»

Wilma - 6417401731

The flyer features a blue background with a large white star in the top right corner. A photograph of a building with a stone and brick facade and a landscaped area with colorful rocks is positioned on the right side. The text is arranged in a clean, professional layout with a mix of bold and italicized fonts.

Here are some of the Alumni Speakers during the month of January.



Adam G. and Chris T.



Rob D. and Brian K.



Jesse B.



Joe O.

Alumni Ambassador

We are excited to announce our newest alumni ambassador, Jonathan R.



Alumni News and Events

Please keep an eye out on the app as well as the next newsletter. We are in process of planning an event. Details will follow.

Congratulations to our Alumni who will be celebrating sobriety milestones, birthdays, and anniversaries during the month of February!



We want to thank all the alumni who tirelessly helped to get new clients to SGRC. Because of your help, we were able to save lives, families, and futures. Keep continuing sending them our way so that we can help them, just as we helped you!

RECOVER OUT LOUD!

If you know someone who could benefit from treatment at St Gregory Recovery Center, just like you have, we're here to help.

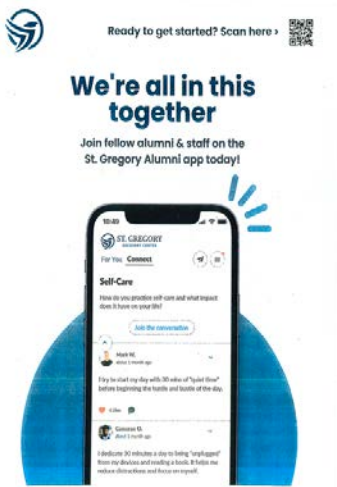
With St. Gregory, you are never alone in your recovery—you are part of a community built on support, fellowship, and recognition.
Your story, your voice- it matters.



Wilma L.
Alumni Coordinator
641-740-1731

Help someone pave their path to recovery—I am just one call or text away.

St. Gregory Alumni App



Please download this app to your phones to stay connected to your peers and staff, tracking your sobriety milestones, or participate in uplifting, and supportive content, or use the QR code as provided on the flyer below. Email or text the Recovery Life Coach for instructions. See email and phone number below. We also need more participation from Alumni on the app! Please share pictures of your choice and/or inspirational quotes! Your interaction with all new alumni on the app is very important! Look out for some contests on the app, too! Please play along!

Wilma.leibbrandt@stgregoryctr.com 641-740-1731 .

Weekly Alumni Recovery Zoom

