



# To Equine or Not To Equine — THERE IS NO QUESTION!

## June 8 · 11AM CT

9AM PST · 10AM MT · 11AM CT · 12PM EST

**1.5**  
NBCC  
HOURS

**APPROVED**



**PRESENTED BY:**  
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Director of Clinical Services  
St. Gregory Recovery Center

### Have you been considering adding Equine Therapy to your programmatic offerings?

**Equine Therapy** is a unique program for clients engaging in substance abuse and/or psychiatric treatment that can attract potential clients looking for alternative therapies, as well as enhance the delivery of trauma-informed, evidence-based care. Maribeth Christensen has been making Equine Therapy available to clients for over a year within a residential treatment setting, with strong clinical and community success. Learn about the journey of implementing Equine Therapy and how your facility or clinical program can integrate Equine Therapy into your existing programming.

### Learning Objectives

1. Gain an understanding about what "Equine Therapy" is, as well as its evidence-based clinical benefits for clients engaging in substance abuse and/or psychiatric treatment.
2. Learn about the practicalities/logistics involved in setting up an Equine Therapy program, including partnership, promotion, and how these may apply within the context of your Facility/programming.
3. Using a case study, participant will gain insight into experience (successes, challenges, and areas for growth) and how this can be adapted to or adopted by varies treatment settings.



**FOR MORE INFORMATION, CONTACT:** Alexis Thompson · 515-240-7541 · [alexis.thompson@stgregoryctr.com](mailto:alexis.thompson@stgregoryctr.com)



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